

Amendments to the Claims:

The listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1. (Currently amended) A device for inhibiting melatonin suppressing light comprising: means for selectively blocking light having a wavelength ~~capable of suppressing melatonin production in a human~~ less than at or about 530 nm.
2. (Original) A device according to claim 1, wherein the means for selectively blocking light is an optical filter.
3. (Original) A device according to claim 2, comprising the optical filter which includes a polarizing layer.
4. (Cancelled)
5. (Cancelled)
6. (Cancelled)
7. (Original) A device according to claim 3, wherein the polarizing layer is a polarizing film.
8. (Previously presented) A device according to claim 1, wherein the device further comprises an ultraviolet light absorber.
9. (Previously presented) A device according to claim 1, comprising at least one of eyewear, a lightbulb, a light cover and a lens.

10. (Currently amended) A lens operable by a user who is exposed to melatonin suppressing light at peak melatonin production times, the lens comprising an optical filter operable to selectively block light having a wavelength ~~capable of suppressing melatonin production in a user~~ less than at or about 530 nm.

11. (Original) A lens according to claim 10, wherein the lens is incorporated in eyewear.

12. (Original) A lens according to claim 11, wherein the eyewear is selected from the group consisting of spectacles, goggles, contact lenses and safety glasses.

13. (Currently amended) A light device comprising an optical filter operable to selectively block light from the light device having a wavelength capable of suppressing melatonin production in a human of less than at or about 530 nm.

14. (Original) A light device according to claim 13, wherein the light device is chosen from an incandescent light source, a fluorescent light source or any other artificial light source.

15. (Original) A light device according to claim 13, wherein the optical filter is a coating on at least one surface of the device.

16. (Currently amended) A light cover for use with a light device, the cover comprising: an optical filter operable to selectively block light from the light device having a wavelength capable of suppressing melatonin production in a human of less than at or about 530 nm, the cover being operable to releasably attach to the light source to channel the light emitted from the light source therethrough.

17. (Currently amended) The use of ~~a~~ the device according to claim 2, for the prevention ~~[[or]]~~ of the suppression of melatonin production in a human, the

filter being operable to selectively block light, having a wavelength ~~capable of suppressing melatonin production~~ less than at or about 530 nm, from reaching the retina in a human.

18. (Currently amended) The use of ~~a~~ the device according to claim 1, for the prevention ~~[[or]]~~ of the suppression of melatonin production in a human, the device being operable to selectively block light, having a wavelength less than at or about 530 nm ~~capable of suppressing melatonin production~~, from reaching the retina in a human.